

‘The Path: LAByrinth’: Outdoor art exhibit in Newton celebrates the spiritual journey



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Wicked Local

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Key Points AI-assisted summary ⓘ

- Artist Shirah Rubin's new exhibit, a circular path with benches at its center, is on display at Hebrew College in Newton through Nov. 7.
- The installation features "listening vessels" for users to encourage introspection and connection with one's inner voice.
- An opening reception with a guided visualization and song circle will be held on May 18.

A unique exhibit by [Shirah Rubin, a multidisciplinary artist](#), is on display at [Hebrew College in Newton](#) through Nov. 7. The exhibit, titled “The Path: LAByrinth,” is a circular, outdoor single path leading to a pair of benches at its center — a metaphor for the spiritual journey to quiet one's mind and listen to an inner voice.

The installation invites both introspection and interaction, Rubin said.

Rubin installed a dozen “listening vessels” to form an outer circle around the labyrinth. The vessels, along with the benches in the labyrinth’s center, offer a space to listen to whispers of purpose, compassion and connection, she said.

“I was inspired by a labyrinth that I walked in Abiquiu, New Mexico, at the [Ghost Ranch](#), where painter Georgia O’Keefe had her studio,” Rubin told Wicked Local. “In walking the labyrinth, I felt it was in alignment with nature, and it was an experience in which the process of the walking awakened me to important insights.”



Inspired by a labyrinth at Ghost Ranch in New Mexico, multidisciplinary artist Shirah Rubin created her own on the grounds of Hebrew College in Newton. *Andrew Castandea*

Opening reception for labyrinth is Sunday, May 18

Visitors are welcome to walk through the labyrinth — a set of prompts is available to read and help guide walks; some correspond with specific times of the year.

“Walking the labyrinth promotes mindfulness and calm, which, in these uncertain times, is a useful tool,” Rubin said. “I hope that visitors will gain from the walk a sense of clarity, wholeness, healing or compassion.”

The invitation to reflect fosters an agency taking responsibility in our choices to respond instead of reacting to the events in our lives, she added.



The Path: LAByrinth’ is an art exhibit at Hebrew College in Newton created by Shirah Rubin. It invites visitors to walk among the listening vessels, offering a feeling of peace. The exhibit is on display through Nov. 7. *Jonathan Polep-Saffer*

The public can join Rubin for an opening reception from 10:30 a.m. to noon on Sunday, May 18, at Hebrew College, 1860 Washington St. (Route 16), Auburndale.

“At the opening reception, I will be providing texts that frame the walk, and I will be leading a guided visualization,” Rubin said. “I hope visitors gain an appreciation for the creative process that went into the building of the labyrinth, a sense of belonging through a participatory song circle, and a contemplative experience.”

There is no cost to visit the labyrinth or attend the opening reception, but an RSVP is required for the reception and can be done [here](#).

“To me, the labyrinth is a metaphor for our life journey, and it represents change and growth,” Rubin said. “It may not give us insights in every walk, but I hope it helps amplify our inner voice to provide calm, purpose and compassion.”